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No.22(01)/2011/WE/D(Res-I)  
Government of India  
Ministry of Defence  
(Deptt. of Ex-Servicemen Welfare )  
Sena Bhavan, New Delhi



Dated 01<sup>st</sup> November 2018

To  
The Chief of Army Staff  
The Chief of Naval Staff  
The Chief of Air Staff

Sub : Grant of Fixed Medical Allowance (FMA) to Ex-Servicemen Pensioners and Ex-Servicemen Family Pensioners who are ECHS members and residing in Districts not covered by ECHS Polyclinic / Armed Forces Hospitals / MI Room upgraded to accommodate ESMs.

Sir,

In partial modification of Para 2(b) of Govt. of India, Ministry of Defence letter No.22(1)/01/US(WE)/D(Res) dated 30 December 2002, I am directed to convey the sanction of the Government to the payment of Fixed Medical Allowance to Ex-Servicemen Pensioners and Family pensioners, who are ECHS members and residing in Districts not covered by ECHS Polyclinic / Armed Forces Hospital / MI Rooms upgraded to accommodate ESMs as per terms & conditions covered in succeeding paragraphs.

2. Entitlement of FMA to Ex-servicemen (ESM) Pensioners and Ex-Servicemen (ESM) Family Pensioners will be governed by the instructions on the subject issued by Ministry of Personnel, Public Grievances & Pensions ( Deptt. of Pension & Pensioners' Welfare) vide their OM No.4/25/2008-P&PW(D) dated 19 Nov 2014, as amended from time to time.
3. Ex-Servicemen Health Scheme (ECHS) membership is compulsory for all ESM Pensioners and entitled ESM Family Pensioners, those retired, discharged and on death of the serving armed forces personnel which occurred on or after 01 April 2003. Their contribution to ECHS membership is non refundable . All pre 01 April 2003 retirees have the option of either joining ECHS scheme by remitting appropriate contribution and forfeiture of FMA or continue to draw FMA as hither to fore.
4. Despite, being an ECHS member, above mentioned ESM pensioners and ESM Family Pensioners residing in districts, where no ECHS Polyclinic or Armed Force hospital or MI room upgraded to accommodate ESMs is available will be eligible for FMA as well as will be entitled for IPD treatment.
5. The residential address of the ECHS member for payment of FMA / Cessation of FMA shall be the address indicated as the permanent address in his /her PPO.
6. The list of districts for which FMA is to be paid as on date of issue of this order is given in Appendix attached with this order. The list of districts for which FMA is to

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be paid will be issued on 01<sup>st</sup> January every year by MD, ECHS, to PCs/RCs and also uploaded in the ECHS website.

7. **Commencement / Restoration of FMA**

As stated above, the ECHS member residing in a district where ECHS Polyclinic/ Armed Forces Hospital / MI Room upgraded to accommodate ESMs is not available can seek commencement of FMA payment through his/her Pension Disbursing Agency (PDA) /Authorised Pension Disbursing Bank, by submitting an application in the prescribed format to the nearest Stn. HQ in triplicate. The Stn HQ will scrutinize the residential address of the ECHS member and verify the applicability of District in the address for FMA and confirm the authorization of FMA on the application in the prescribed format. Distribution of ibid application, will be as under :

(a) **Original Copy** The Original Copy of the application will be forwarded to O/o PCDA (Pension), Allahabad, O/o PCDA (O) Pune, O/o PCDA ( Navy & Coast Guard) Mumbai, O/o JCDA (AF) New Delhi-10 ("as applicable" and "similar office pertaining to the ECHS member of other services/establishment") by Stn. HQ for endorsement in PPO/issue of corrigendum PPO/updating Pension Records of Pensioners/family Pensioners.

(b) **Duplicate Copy** The duplicate copy will be forwarded to the concerned Regional Centre ECHS by Stn HQ for uploading the same in PDF format in the data base and to thereafter forward the hardcopy to concerned Record Office as mentioned in the application form for retaining in Pensioners' record.

(c) **Triplicate Copy** The triplicate copy will be returned to the ESM by the Stn HQ (ECHS Cell) duly endorsed with verification of district as per format.

8. Based on ibid original application, O/o PCDA (Pension ) Allahabad, O/o PCDA ( Navy & Coast Guard) Mumbai, O/o JCDA (AF) New Delhi-10 ( "as applicable and similar office pertaining to the ECHS member of other services/establishment") will sanction FMA & endorse in PPO/ issue of corrigendum PPO for updating Pension Records of Pensioners/family Pensioners maintained by Centralised Pension Processing Centres of Banks/DPDO etc. The date of commencement of FMA will be the first day of the subsequent second month in which the Pensioner has submitted the application ( e.g. FMA will commence from 1<sup>st</sup> July for all applications submitted during 1<sup>st</sup> May to 31<sup>st</sup> May).

9. **Cessation of OPD Facilities** An ESM who is drawing FMA will not be entitled to OPD facility at ECHS Polyclinic and Armed Forces Hospital. He is also not eligible for referral to Empanelled facilities for treatment in OPD. The ECHS smart card of the ESM will be endorsed with such details regarding facility available to him / her. The date of Cessation of OPD will be the First day of the following second month in which the pensioner has submitted the application e.g. OPD will cease from 1<sup>st</sup> July for all applications submitted during 1<sup>st</sup> May to 31<sup>st</sup> May.

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10. **Cessation of FMA** The cessation of FMA, in the event of opening a new Polyclinic in the District, by PDA/bank would be based on a certificate issued by CO, ECHS through existing chain of Command & Control regarding the operationalisation of ECHS Polyclinic. With effect from following month in which ECHS Polyclinic is operationalised, the entitlement of FMA for the above pensioners residing permanently in that district will cease. Any FMA paid in excess will be recovered from his subsequent pensionary entitlements. The ECHS card of the ESM will be updated on the status of FMA and medical facility available to him.

11. These orders will be come into effect from 1<sup>st</sup> of subsequent month from the date of issue.

12. This issues with the concurrence of Ministry of Defence (Finance/Pension) vide their UO No.33(145)/12.FP dated 5-10-2018.

Yours faithfully,

  
(A.K. Karn)

Under Secretary to the Govt of India

Copy to :

1. AG, IHQ of MoD(Army)
2. COP, IHQ of MoD(Navy)
3. AOA, Air HQ (VB)
4. CGDA, New Delhi
5. MD, ECHS
6. DGADS

Copy for information to :

7. SO to RM
8. PS to RRM
9. PPS to Secy ESW
10. PPS to FA (DS)
11. PS to JS(ESW)
12. Ps to Addl. FA & JS (RK) MoD(Fin)

<b><u>LIST OF DISTRICTS NOT COVERED BY ECHS POLYCLINICS/ ARMED FORCES CLINICS/MI ROOMS UPGRADED TO ACCOMMODATE ESMs</u></b>				
<b>Sl No</b>		<b>Districts</b>	<b>State</b>	<b>No Of DISTRICTS NOT COVERED BY ECHS POLYCLINICS/ ARMED FORCES CLINICS/MI ROOMS UPGRADED TO ACCOMMODATE ESMs</b>
1	1	Nicobar	Andaman & Nicobar	2
2	2	North and Middle Andaman		
3	1	Vizainagaram	Andhra Pradesh	1
4	1	Anjaw	Arunachal Pradesh	18
5	2	Changlang		
6	3	Dibang valley		
7	4	East Kameng		
8	5	East Siang		
9	6	West Siang		
10	7	Kra Daadi		
11	8	Kurung Kumey		
12	9	Longding		
13	10	Lower Dibang Valley		
14	11	Lower Subansiri		
15	12	Namsai		
16	13	Papum Pare		
17	14	Siang		
18	15	Lohit		
19	16	Tirap		

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20	17	Upper Siang	Arunachal Pradesh	18
21	18	Upper Subansil		
22	1	Baksa	Assam	21
23	2	Barpeta		
24	3	Biswanath		
25	4	Charaideo		
26	5	Chirang		
27	6	Dhemaji		
28	7	Dimahasao (North Cachar Hills)		
29	8	Golaghat		
30	9	Hailakandi		
31	10	Hojai		
32	11	Kamrup		
33	12	Karbi Anglong		
34	13	Kokrajhar		
35	14	Karimganj		
36	15	Majoli		
37	16	Mori Gaon		
38	17	Nalbari		
39	18	Sivasagar		
40	19	South Salamara Mankachar		
41	20	Udalguri		
42	21	West Karbi Anglong		
43	1	Araria	Bihar	20
44	2	Arwal		
45	3	Aurangabad		
46	4	Banka		
47	5	Begusarai		
48	6	Gopalganj		

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49	7	Jamui	Bihar	20
50	8	Jehanabad		
51	9	Kaimur		
52	10	Kisanganj		
53	11	Lakhisarai		
54	12	Madhepura		
55	13	Nalanda		
56	14	Nawada		
57	15	Purnia		
58	16	Saharsa		
59	17	Sheikhpura		
60	18	Sheohar		
61	19	Supaul		
62	20	West Champaran		
63	1	Balod	Chattisgarh	23
64	2	Baloda Bazar		
65	3	Balrampur		
66	4	Bematara		
67	5	Bijapur		
68	6	Dantewada (South Bastar)		
69	7	Dhamtari		
70	8	Durg		
71	9	Gariaband		
72	10	Janigir- Chamba		
73	11	Rajgarh		
74	12	Kabirdham (Kawardha)		
75	13	Kanker (North Bastar)		
76	14	Kondagaon		
77	15	Korba		
78	16	Korea (Koriya)		

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79	17	Mahasamund	Chattisgarh	<b>23</b>
80	18	Mungeli		
81	19	Narayanpur		
82	20	Rajandgaon		
83	21	Sukma		
84	22	Surajpur		
85	23	Surguja		
86	1	Dadar & Nagar Haveli	Dadar & Nagar Haveli	<b>1</b>
87	1	Daman	Daman & Diu	<b>2</b>
88	2	Diu		
89	1	South West Delhi	Delhi	<b>5</b>
90	2	North East Delhi		
91	3	North Wset Delhi		
92	4	East Delhi		
93	5	North Delhi		
94	1	Amreli	Gujarat	<b>26</b>
95	2	Anand		
96	3	Aravalli		
97	4	Banaskanath (Palanpur)		
98	5	Bharuch		
99	6	Bhavnagar		
100	7	Botad		
101	8	Chhota Udaipur		
102	9	Dahod		
103	10	Dangs (Ahwa)		
104	11	Devbhoomi Dwarka		
105	12	Gandhinagar		
106	13	Gir Somnath		
107	14	Junagadh		

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108	15	Kheda (Nadiad)	Gujarat	26
109	16	Mahisagar		
110	17	Mehsana		
111	18	Morbi		
112	19	Narmada (Rajpipla)		
113	20	Navsari		
114	21	Panchmahal (Godhra)		
115	22	Patan		
116	23	Porbandar		
117	24	Sabarkantha		
118	25	Tapi		
119	26	Valsad	Haryana	1
120	1	Mewat	Himachal Pradesh	2
121	1	Kinnaur		
122	2	Lahaul and Spiti	Jammu & Kashmir	9
123	1	Bandipora		
124	2	Budgam		
125	3	Ganderbal		
126	4	Kistwar		
127	5	Kulgam		
128	6	Pulwama		
129	7	Ramban		
130	8	Reasi		
131	9	Shopian	Jharkhand	16
132	1	Bokaro		
133	2	Chatra		
134	3	Dumka		
135	4	Garhwa		
136	5	Giridih		

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137	6	Godda	Jharkhand	16		
138	7	Hazaribagh				
139	8	Jamtara				
140	9	Khunti				
141	10	Koderma				
142	11	Latehar				
143	12	Lohardagga				
144	13	Pakur				
145	14	Sahibganj				
146	15	Saraikela- Kharsawan				
147	16	Simdega				
148	1	Bagalkot			Karnataka	16
149	2	Bellary				
150	3	Bangalore Rural				
151	4	Chamarajanagar				
152	5	Chickballapur				
153	6	Chikkamangaluru				
154	7	Chitradurga				
155	8	Davangere				
156	9	Gadag				
157	10	Haveri				
158	11	Koppal				
159	12	Mandya				
160	13	Raichur				
161	14	Ramnagara				
162	15	Udupi				
163	16	Yadgir				
164	1	Lakshadweep	Lakshadweep	1		
165	1	Agar(Malwa)	Madhya Pradesh	39		
166	2	Alirajpur				

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167	3	Anuppur
168	4	Ashoknagar
169	5	Balaghat
170	6	Barwani
171	7	Burhanpur
172	8	Chhatarpur
173	9	Chhindwara
174	10	Damoh
175	11	Datia
176	12	Dewas
177	13	Dhar
178	14	Dindori
179	15	Guna
180	16	Harda
181	17	Jhabua
182	18	Katni
183	19	Khargone (West Nimar)
184	20	Khandwa(East Nimar)
185	21	Mandla
186	22	Mandsaur
187	23	Narsinghpur
188	24	Neemuch
189	25	Panna
190	26	Raisen
191	27	Rajgarh
192	28	Ratlam
193	29	Sehore
194	30	Seoni
195	31	Shahdol
196	32	Shajapur

Madhya Pradesh

39

197	33	Sheopur	Madhya Pradesh	39
198	34	Shivpuri		
199	35	Sidhi		
200	36	Singrauli		
201	37	Tikamgarh		
202	38	Umaria		
203	39	Vidisha		
204	1	Bhandara	Maharashtra	12
205	2	Chandrapur		
206	3	Gadchiroli		
207	4	Gondia		
208	5	Hingoli		
209	6	Jalna		
210	7	Nandurbar		
211	8	Palghar		
212	9	Parbhani		
213	10	Raigad		
214	11	Yevatmal		
215	12	Washim		
216	1	Bishnupur	Manipur	13
217	2	Chandel		
218	3	Imphal East		
219	4	Jiribam		
220	5	Kakching		
221	6	Kamjong		
222	7	Noney		
223	8	Pherzawl		
224	9	Tamenglong		
225	10	Tangnoupal		

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226	11	Thoubal	Manipur	13
227	12	Ukhrul		
228	13	Imphal West		
229	1	East Garo Hills	Meghalaya	10
230	2	East Jaintia Hills		
231	3	North Garo Hills		
232	4	Ri Bhoi		
233	5	South Garo Hills		
234	6	South West Garo Hills		
235	7	South West Khasi Hills		
236	8	West Jaintia Hills		
237	9	West Garo Hills		
238	10	West Khasi Hills		
239	1	Champhai	Mizoram	6
240	2	Kolasib		
241	3	Lawngatlai		
242	4	Mamit		
243	5	Saiha		
244	6	Serchhip		
245	1	Kiphire	Nagaland	8
246	2	Longleng		
247	3	Mon		
248	4	Peren		
249	5	Phek		
250	6	Tuensang		
251	7	Wokha		
252	8	Zunheboto		
253	1	Boudh (Baude)	Odisha	21
254	2	Bhadrak		

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255	3	Balangir	Odisha	21		
256	4	Bergarh (Baragarh)				
257	5	Cuttack				
258	6	Debagarh				
259	7	Gajapati				
260	8	Jharsuguda				
261	9	Jajpur				
262	10	Jagatsinghapur				
263	11	Kendujahr (Keonjhar)				
264	12	Kandhamal				
265	13	Kendrapara				
266	14	Malkangiri				
267	15	Mayurbhanj				
268	16	Nabarangapur				
269	17	Nayagarh				
270	18	Nuapada				
271	19	Rayagada				
272	20	Subarnapur (Sonepur)				
273	21	Sundargarh				
274	1	Karaikal			Puducherry	3
275	2	Mahe				
276	3	Yanam				
277	1	Banswara	Rajasthan	11		
278	2	Baran				
279	3	Bundi				
280	4	Chittorgarh				
281	5	Dholpur				
282	6	Jalaur				
283	7	Jhalwar				
284	8	Pratapgarh				

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285	9	Sirohi	Rajasthan	11
286	10	Swai Madhopur		
287	11	Tonk		
288	1	North Sikkim	Sikkim	3
289	2	South Sikkim		
290	3	West Sikkim		
291	1	Ariyalur	Tamil Nadu	8
292	2	Karur		
293	3	Krishnagiri		
294	4	Namakkal		
295	5	Perambalur		
296	6	Pudukkottai		
297	7	Tiruppur		
298	8	Tiruvarur		
299	1	Adilabad	Telangana	25
300	2	Bhadrdari Kothagudem		
301	3	Jagtial		
302	4	Jangaon		
303	5	Jayashankar Bhoopalpally		
304	6	Jogulamba Gadwal		
305	7	Kamareddy		
306	8	Komaram Bheem Asifabad		
307	9	Mahabubabad		
308	10	Mancherial		
309	11	Medak		
310	12	Nagarkurnool		
311	13	Nirmal		
312	14	Nalgonda		
313	15	Nizamabad		
314	16	Peddapalli		

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315	17	Rajanna Sircilla	Telangana	25
316	18	Sangareddy		
317	19	Siddipet		
318	20	Suryapet		
319	21	Vikrabad		
320	22	Wanaparthy		
321	23	Warrangal (Rural)		
322	24	Warrangal (Urban)		
323	25	Yadadri Bhuvanagiri		
324	1	Dhalai		
325	2	Gomati		
326	3	Khowai		
327	4	North Tripura		
328	5	Sepahijala		
329	6	South Tripura		
330	7	Unakoti		
331	1	Ambadakar Nagar	Uttar Pradesh	27
332	2	Amethi (Chatrapati Sahuji Maharaj Nagar )		
333	3	Amroha (Jyotiba Phule Nagar)		
334	4	Auraiya		
335	5	Bahraich		
336	6	Balrampur		
337	7	Chandauli		
338	8	Chitrakoot		
339	9	Hamirpur		
340	10	Hapur (Panchsheel Nagar)		
341	11	Kannauj		
342	12	Kanshiram Nagar (Kasganj)		
343	13	Kaushambi		
344	14	Kushinagar (Padrauna)		

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